



Dr. Lauren Kaplan

Doctor of Acupuncture

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Dr. Lauren Kaplan is a nationally Board-Certified licensed acupuncturist who came to acupuncture out of her own desperate need to find pain relief from an 18-month long broken coccyx injury. She received her BA in Communication with high honors from Rutgers University and her Master of Science and Doctor of Acupuncture degrees from Pacific College of Oriental Medicine. Dr. Lauren is certified in facial rejuvenation and also served as an intern at NYU Lutheran Hospital in the Orthopedic/Neurology department where she received additional training in acupuncture for post-stroke sequelae. Dr. Lauren owns Restoration Health Acupuncture & Nutrition, located in Randolph, NJ.